

Chocolate Avocado Pudding

Servings: Makes 2 ¼ to 2 ½ cup

Prep Time: 3 Minutes

Cook Time: 2 Minutes

Total Time: 5 Minutes

Ingredients

- 4 Avocados, ripe
- ½ cup Milk of choice
- ½ coup Maple Syrup
- ½ Cococa Powder
- 1 tsp. Vanilla Extract

Instructions

Add all ingredients to a blender or food processor. Process until smooth and creamy. Add more milk if needed to get desired consistency.

*Use for a dip or creamy dessert topped with whipped cream and chocolate shavings.